



Swasthya Kalyan Group

सर्वे भवन्तु सुखिनः



# SWASTHYA KALYAN

INSTITUTE OF NATUROPATHY & YOGIC SCIENCES

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10 – A, RIICO Institutional Area, Swasthya Kalyan Bhawan, Sitapura, Tonk Road, Jaipur, Raj. 302022.

**BACHELOR OF NATUROPATHY AND YOGIC SCIENCES (BNYS)**

Affiliated to

**DR. SARVEPALLI RADHAKRISHNAN RAJASTHAN AYURVED UNIVERSITY, JODHPUR**

## ABOUT

### SWASTHYA KALYAN GROUP

Swasthya Kalyan Group was established in 1982 and runs under Puranmal Phoola Devi Memorial Trust. The Group is focussed towards the welfare of people through our educational and healthcare services. Over years, we have encouraged ideas, nurtured talents and served people with utmost dedication and commitment. The Group represents a highly evolved environment of teaching and research, infrastructure comparable to the best amongst its peers, and a highly qualified and respected faculty.



**Over the years, our Group has encouraged ideas, nurtured talents and served people with utmost dedication and commitment.**



## ABOUT

### PURANMAL PHOOLA DEVI MEMORIAL TRUST

Puranmal Phoola Devi Memorial Trust was founded in 1980 by Late Shri Kalyan Prasad Ji Agarwal Sootwale to help and serve the society. The trust has since worked constantly to provide medical relief to the underprivileged and skilled human resource to the nation. With charity in mind and goodwill in the heart, the trust has travelled through time providing hope, health and happiness to the society. The trust concentrates on sustainable development through empowerment and education of the community as a whole.



**Founder and Guiding Light**

**28 June 1925 – 27 November 2001**

## CHAIRMAN MESSAGE

Quality is never an accident; it is rather a result of pursuit towards perfection. The vision of our group is clear "PROVIDING SUSTAINABLE, AFFORDABLE & QUALITY EDUCATION & HEALTHCARE SERVICES". We have developed a team of highly positive academicians who are driven to guide the students in exploring their creativity. We make sure that each and every healthcare specialist passing from our institutions is well in tune with recent developments and undertakes a modern clinical approach. We organise regular development programs, visits to hospitals, informative seminars and international faculty visits to make sure that our students are well equipped in serving the modern society. An integral part of our student culture is to develop a sense of responsibility in our society towards the patients and the underprivileged through various social programs and camps throughout the year. We endeavour hard to contribute in the building of our nation by building its people.



**Dr. S. S. Agarwal**

Chairman, Swasthya Kalyan Group  
Chairman, Rajasthan Hospital Limited  
President, AIIMS Jodhpur  
Former National President, IMA



**Dr. SARVESH AGARWAL**  
President



**CA SHRADDHA AGARWAL**  
Chief Executive Officer



**Prof. ARUN CHOUGULE**  
Dean & Chief Academic Officer



## Our Vision

To provide sustainable, affordable & quality education and medical services



## Our Mission

To enrich the life of people by providing skilled training and quality healthcare services



## Our Values

# T



### TEAMWORK

Better together

# E



### EXCELLENCE

Stay curious and strive for the best

# A



### AUTHENTICITY

Transparency and clear communication

# C



### CREATIVITY

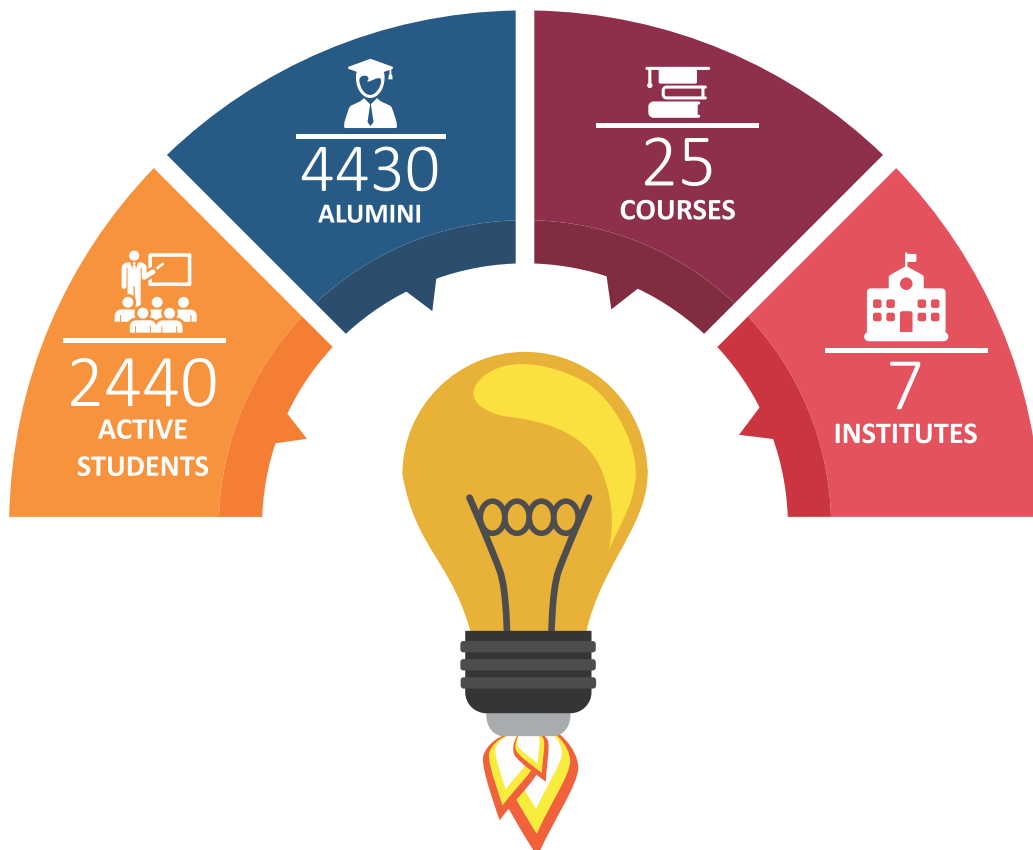
Adapt to change; Innovate for growth

# H



### HUMBLENESS

Respect each other



# Our College Leader



**Prof.(Dr) Aklavya Bohra**

Principal, Swasthya Kalyan Institute of Naturopathy & Yogic Sciences, Jaipur  
Dean (Yoga & Naturopathy), DSRRAU, Jodhpur

**Prof (Dr) Aklavya Bohra**, is a pioneering figure in the field of Naturopathy and Yoga, bringing over 22 years of extensive experience to his work. He holds the distinction of being the first Medical Graduate in Naturopathy and Yoga from Rajasthan. Currently, he serves as the Dean (Yoga & Naturopathy) at Dr. Sarvepalli Radhakrishnan Rajasthan Ayurved University, Jodhpur, and as the Principal of Swasthya Kalyan Institute of Naturopathy & Yogic Sciences, Jaipur.

Prof (Dr) Bohra has played a key role in the formulation of the BNYS registration and syllabus, as well as in drafting the rules and regulations for Naturopathy and Yoga in Rajasthan. His expertise has been instrumental in shaping national-level policies and regulatory frameworks across India, particularly through his active involvement with the Central Council for Research in Yoga & Naturopathy (CCRYN), where he contributes in making national guidelines in the field of Naturopathy & Yoga for development and standardization. He is also member of the NAAC for BNYS curriculum.

He is a member of the Board of Management and Academic Council at Dr. S.R. Rajasthan Ayurved University, Jodhpur and serves as the Boards of Studies Member at Madhya Pradesh Medical Science University, Jabalpur; Apex University, Jaipur; SGT University, Gurugram; and Sparsh Himalaya University, Dehradun. Nationally he is serving as the Standing Finance Committee Member of CCRYN, Ministry of AYUSH (Govt. of India) and is also a member of the Bureau of Indian Standards (Govt. of India). He is a member of the Inter-Ministerial Committee by the Ministry of AYUSH, Govt. of India, for strategic planning and nationwide implementation of the International Day of Yoga (IDY).

A dedicated author and public health advocate, Prof (Dr) Bohra has written a well-regarded book "Rogon Ki Prakritik Chikitsa" and numerous articles in leading newspapers such as Rajasthan Patrika, Dainik Bhaskar etc. as well as respected health magazines like Nisargopchar Varta (Govt. of India), Niramaya Jeevan etc. reflects his commitment of spreading awareness about the principles of natural medicine. His leadership and vision continue to play a crucial role in advancing education, research, and the integration of Yoga and Naturopathy into main stream healthcare in India.



## SWASTHYA KALYAN INSTITUTE OF NATUROPATHY & YOGIC SCIENCES

This institution was established with the prime objective of promoting and providing education in the field of Naturopathy and Yoga. The Institute is recognized by Govt. of Rajasthan and affiliated to Dr. Sarvepalli Radhakrishnan Rajasthan Ayurved University, Jodhpur. The aim of our institute is to train students in the technical aspects of Yoga along with its philosophical and physiological background to be able to provide holistic healing to the community.

**(10+2) Senior Secondary With  
Physics, Chemistry & Biology**

**Bachelor in Naturopathy  
& Yogic Sciences (BNYS)**

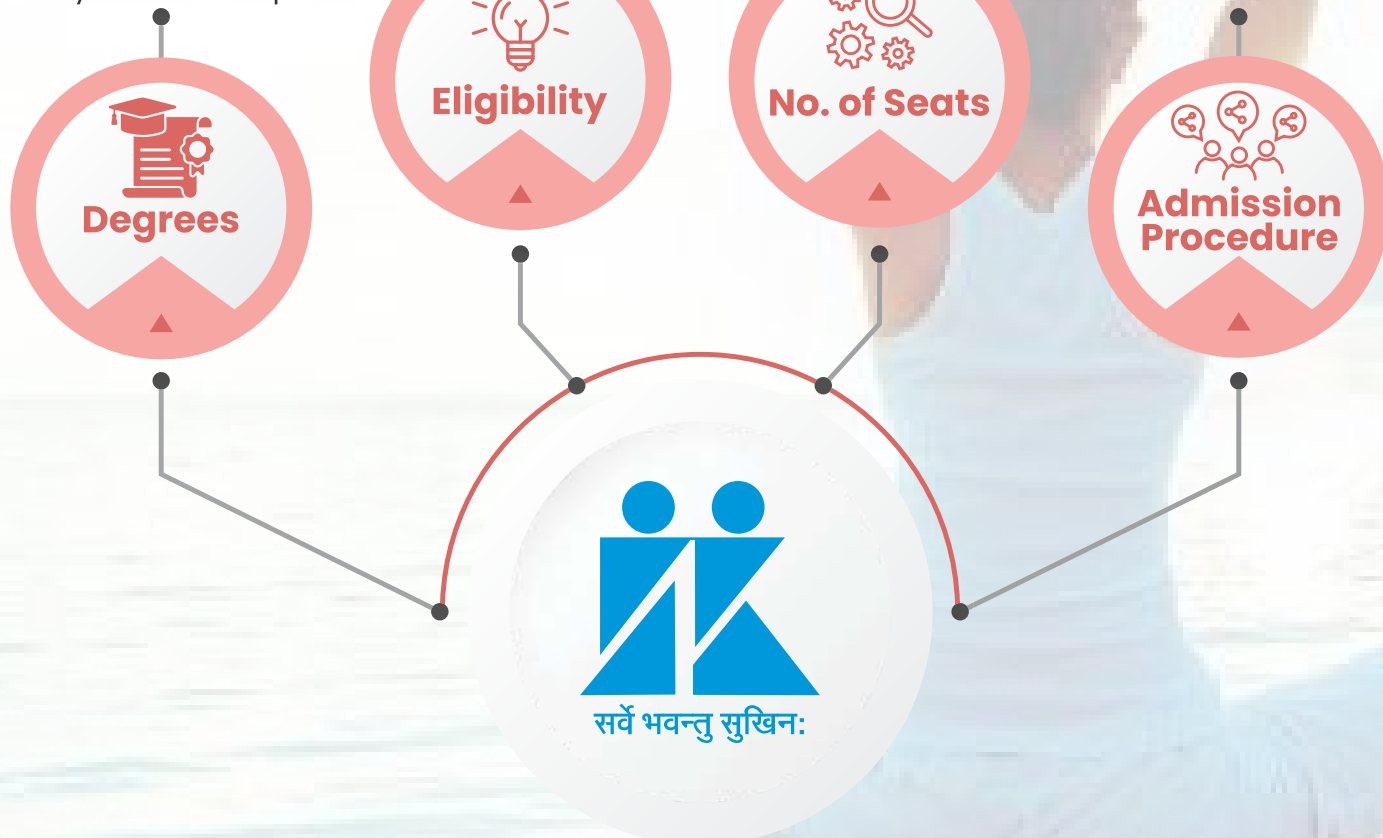
5 ½ Years programme

4 ½ Years programme

+ 1 year internship

100 Seats

**Admission through  
AYUSH Counselling  
Board, Govt. of Rajasthan.**



# Academic Program

## First Year

**Duration**  
**1 ½ Years**

- Biochemistry
- Physiology
- Anatomy
- Philosophy of Nature Cure
- Sanskrit
- Basic Principles of Yoga.

## Second Year

**Duration**  
**1 Year**

- Pathology
- Microbiology
- Yoga Philosophy
- Chromo and Magneto therapy
- Community Health and Medicine
- Basic Pharmacology and Pharmacognosy

## Third Year

**Duration**  
**1 Year**

- Manipulative Therapy
- Acupuncture, Acupressure and Reflexology
- Yoga and Its Applications
- Naturopathy Diagnosis, Conventional Medicine, First Aid & Emergency Medicine
- Forensic Medicine & Toxicology
- Fasting Therapy & Nutrition & Dietetics

## Fourth Year

**Duration**  
**1 Year**

- Physical Medicine & Rehabilitation
- Hydro & Mud Therapy
- Obstetrics & Gynecology
- Yoga Therapy
- Hospital Management, Research Methodology & Medical Statistics
- Clinical Naturopathy

## Internship

**Duration**  
**Compulsory**  
**Rotatory**  
**Internship**  
**1 Year**

We provide good clinical exposure to our students by providing them opportunities of doing internship at reputed hospitals such as – National Institute of Naturopathy, Pune; S- Vyasa, Bangaluru; AIIMS, Bhatinda; Nisargopchar Ashram, Uruli kanchan; Navneet Prakritik Yoga Chikitsa Dham, Bassi, Jaipur; Deham Nature Cure, Mulshi, Maharashtra; Swasthya Sadhna Kendra, Jodhpur; Meadow Wellness Center, Rajkot; Kshemavana, Bangaluru; Nimba Nature cure, Gujrat

# SCOPE After Completion of **BNYS**



# Internship Placment



**NATIONAL INSTITUTE OF NATUROPATHY, PUNE**



**AIIMS, RISHIKESH**



**AIIMS, BHATINDA**



**KAMDHENU SANSTHAN, HARYANA**



**NAVNEET PRAKRITIK YOG CHIKITSA DHAM, BASSI, JAIPUR**



**PATANJALI YOGPEETH, HARIDWAR**



**PATANJALI WELLNESS, HARIDWAR**



**SWASTHYA SADHNA KENDRA, JODHPUR**



**NIMBA NATURECURE, GUJRAT**



**KSHEMAVANA, BANGALORE**



**NISARGOPCHAR ASHRAM, PUNE**



**SVYASA, BANGALORE**



**AAKAR WELLNESS, BHOPAL**



**RAJBAGH WELLNESS, UDAIPUR**



**WELLNESS MAHOTSAV, AHEMDABAD**

# Our Campus Infrastructure & Facilities

 HOSPITAL



 HOSTEL



 TRANSPORT



 CANTEEN



 SPORTS GROUND



 Yoga Hall



 LIBRARY



 TRAINING HALLS



 CONFERENCE HALL



 AUDITORIUM



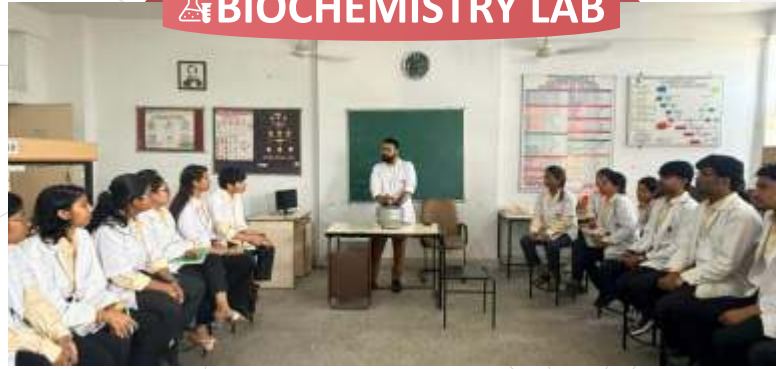
# Our Campus Infrastructure & Facilities



## MICROBIOLOGY LAB



## BIOCHEMISTRY LAB



## PATHOLOGY LAB



## ANATOMY LAB



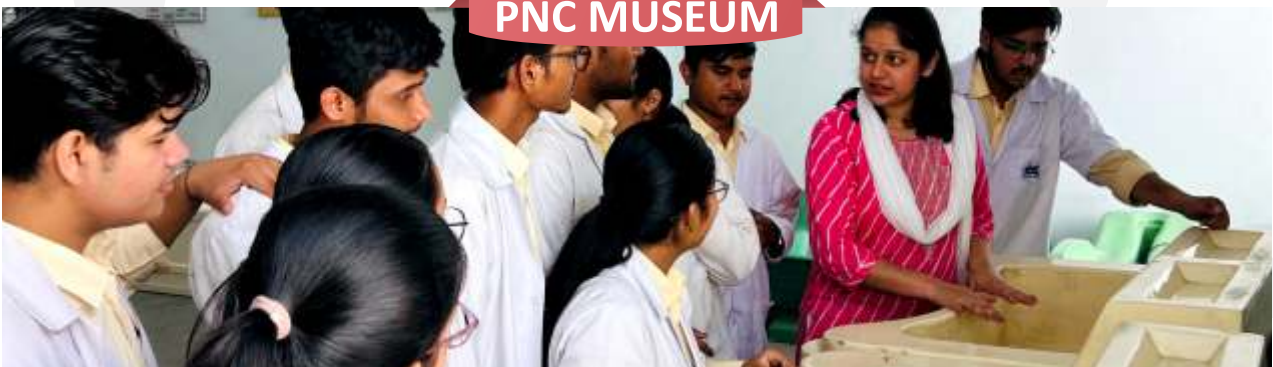
## NUTRITION & FASTING LAB



## PHYSIOLOGY LAB



## PNC MUSEUM



# College Events



Induction Programme



Convocation Ceremony



Annual Function



Farewell Party



International Yoga Day



National Naturopathy Day



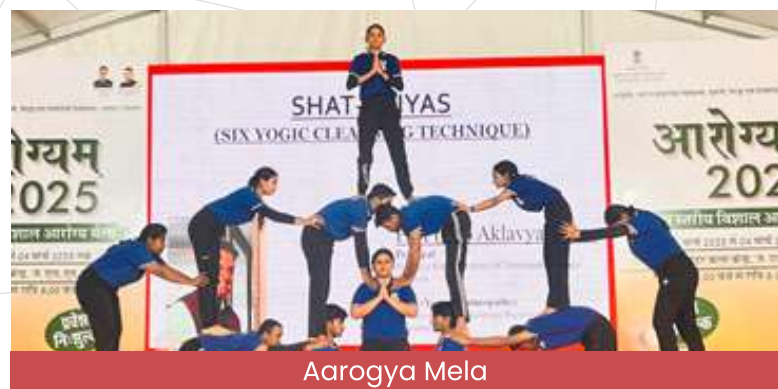
Annual Sports Competitions



Annual Cultural Competitions



Republic Day



Aarogya Mela

# College Events



Harit Yoga in Collaboration with CCRYN, Ministry of AYUSH, Delhi



Yoga Samavesh in Collaboration with CCRYN, Ministry of AYUSH, Delhi



Yoga Unplugged- Intercollege Competition in Collaboration with NIN pune



National Conference on Naturopathy at Jhajjar, Haryana



International Yoga Day



International Conference at SDM College Karnataka



Aarogya Mela



Annual Cultural Competitions



Free Naturopathy & Yoga Awareness Camps



Freshers Party



Research Symposium at Delhi

# Hospitals for **Clinical Training**

## **RAJASTHAN HOSPITAL LIMITED**

Rajasthan Hospital Limited is a 350 active bed multi-specialty hospital. The hospital provides comprehensive clinical, medical, surgical, and critical care services and offers tertiary healthcare services to patients. The hospital is equipped with 24×7 emergency and trauma care services and is capable of handling all kinds of medical emergencies.



# Swasthya Kalyan Naturopathy & Yoga Hospital



Nutrition & Dietetics Lab



Consultation



Manipulative Therapy



Acupressure



Yogic Kriya Jal Neti



Steam Bath



Hydrotherapy Treatment

# University Rank Holders

## 1st Rank



**Dr. Adivarna Pareek**

Batch 2015-16



**Dr. Shreya Sinha**

Batch 2016-17



**Dr. Meenu**

Batch 2017-18



**Dr. Ayushi Mudgal**

Batch 2018-19



**Dr. Aashna Jangir**

Batch 2019-20

## 2nd Rank



**Dr. Diksha Jain**

Batch 2017-18



**Dr. Prachi Priya Pandey**

Batch 2018-19



**Dr. Geetanjali Pareek**

Batch 2019-20

## 3rd Rank



**Dr. Simran Deep Kaur**

Batch 2015-16



**Dr. Megha Khandal**

Batch 2018-19

# Our Institutions



## EDUCATION

- Swasthya Kalyan Homoeopathic Medical College & Research Centre
- Institute Of Medical Technology & Nursing Education – Nursing Division
- Institute Of Medical Technology & Nursing Education – Paramedical Division
- Swasthya Kalyan Institute of Naturopathy & Yogic Sciences
- Swasthya Kalyan College of Physiotherapy
- Swasthya Kalyan College of Paramedical Technology
- Swasthya Kalyan College of Pharmacy



## HEALTH CARE

### HOSPITALS

- Rajasthan Hospital
- Swasthya Kalyan Homoeopathic Hospital
- Swasthya Kalyan Naturopathy & Yoga Hospital
- Swasthya Kalyan Physiotherapy Hospita

### BLOOD BANKS

- Swasthya Kalyan Blood Bank
- Apex Swasthya Kalyan Blood Bank

### PHARMACY

- Pradhanmantri Jan Aushadi Kendra (2 location)
- Swasthya Kalyan Homoeopathic Pharmacy

# Life at Campus

## Hands on Learning

Practical training is a vital part of our curriculum. This approach ensures that our students move beyond the classroom and learn from real-world situations.



## Research & Innovation

We provide students with an environment that harbours an approach towards research and innovation, the building blocks of a young scientific mind.



## Diversity

Our campus has a plethora of societies and clubs which cater to a diverse group of students with varied interests.



## Entrepreneurship

The history of Swasthya Kalyan has entrepreneurship written all over it and we ensure that we provide similar encouragement, support and guidance to our students in becoming successful entrepreneurs.

## Employability

Our students graduate with a competitive edge compared to their peers in other institutions that enables them to succeed in their professional lives.



## Holistic Development

We consider academics to be just one of the many dimensions of student growth. By ensuring that our students participate & excel in various extracurricular, cultural, sport & other activities we provide an all-round development of individuals.

Swasthya Kalyan Group represents a highly evolved environment for growing ideas & nurturing talents of young minds in healthcare sector.

## Contact Us

[swasthyakalyan.org](http://swasthyakalyan.org)

[info@swasthyakalyan.org](mailto:info@swasthyakalyan.org) | [yoga@swasthyakalyan.org](mailto:yoga@swasthyakalyan.org)

Principal Office No. 9256595497 | Admission Cell: 9982836836 | 9982466664

Swasthya Kalyan Bhawan, RIICO Institutional Area Sitapura, Tonk Road, Jaipur, Rajasthan - 302022

[@skinysyoga](#) [▶ SWASTHYA KALYAN NATUROPATHY COLLEGE AND HOSPITAL, JAIPUR](#)

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